

PROGRAM CALENDAR

FEB + MAR 2024

THE SCIENCE OF WELLBEING



FEBRUARY 07

COURSE INFO

Participants learn proactive solutions to challenges in the areas of physical, environmental, mental and social wellbeing. They also have a one-to-one session to kick start and support emotional intelligence development.

EFFECTIVENESS IN ACTION



FEBRUARY 13

COURSE INFO

This program addresses simple but effective principles that result in real outcomes relating to how we manage ourselves, our time, our priorities and our digital tools and workplace to maximise results.

LEAD, EMPOWER THRIVE



FEBRUARY 15

COURSE INFO

Leaders better connect with others and drive better collaboration, talent retention and engagement as a result of this program. Outside of the workplace Leaders enhance personal relationships becoming better partners, parents, siblings and friends.

DISC MANAGEMENT



FEBRUARY 16

COURSE INFO

During this program, participants will understand their DISC style and gain insight into their strengths and challenges as managers and how to adapt their style to meet the needs of the colleagues making them more effective managers.

THE SCIENCE OF WELLBEING



MARCH 05

COURSE INFO

Participants learn proactive solutions to challenges in the areas of physical, environmental, mental and social wellbeing. They also have a one-to-one session to kick start and support emotional intelligence development.

EFFECTIVENESS IN ACTION



MARCH 06

COURSE INFO

This program addresses simple but effective principles that result in real outcomes relating to how we manage ourselves, our time, our priorities and our digital tools and workplace to maximise results.

LEAD, EMPOWER THRIVE



MARCH 07

COURSE INFO

Leaders better connect with others and drive better collaboration, talent retention and engagement as a result of this program. Outside of the workplace Leaders enhance personal relationships becoming better partners, parents, siblings and friends.

Register now for one of our open Programs or ask about how we can tailor a course guide to meet your specific business needs.